



World Olive Center for Health

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Cert. Num: C2223-00079

07/10/2022

CERTIFICATE OF ANALYSIS

Brand Name: E-LA-WON

Owner: I CH KAMPOURIS LP

Variety: KORONEIKI-KOUTSOURELIA

Origin: KORINTHIA GREECE

Harvesting Period: October 2022

Oil Mill:

Chemical Analysis

Production Date:

Analysis Date:

Oleocanth <mark>al</mark>		578	mg/Kg
Oleacein		406	mg/Kg
Oleocanth <mark>al</mark> +Oleacein (index D1)		984	mg/Kg
Ligstroside aglycon (monoaldehyde form	n)	65	mg/Kg
Oleuropein aglycon (monoaldehyde form	n)	82	mg/Kg
Ligstroside aglycon (dialdehyde form)*		218	mg/Kg
Oleuropein aglycon (dialdehyde form)**		73	mg/Kg
Free Tyrosol		<5	mg/Kg
Total tyrosol derivatives	OR HEALTH	862	mg/Kg
Total hydroxytyrosol derivatives		561	mg/Kg
Total polyphenols analyzed	DINE	1.422	mg/Kg

Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 28,45mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

*Oleomissional+Oleuropeindial **Ligstrodial+Oleokoronal

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